

Eyak Echo

ECHOES OF OUR ANCESTORS

Native Village of Eyak | 1st & 2nd Quarter, 2019



Traditional launch

NVE's *palaag* and *qayaaq*
project reaches fruition
after six years of planning

PAGE 10-11



INSIDE THIS EDITION:

ICC Membership Dinner

Chugach and Eyak legend skits
performed at Ilanka Cultural
Center Membership Dinner

PAGE 2

Candlelight Vigil

NVE partners with CFRC
to shed light on Teen Dating
Violence Awareness Month

PAGE 4

Builder Buddies

STEM Club inspires young
minds and through fun
hands-on activities

PAGE 5



Employee List

TRIBAL COUNCIL

Darrel Olsen.....	Tribal Council Chairman
Tom Andersen.....	Tribal Council Vice Chairman
Pam Smith.....	Tribal Council Secretary-Treasurer
Jack Hopkins.....	Tribal Council Member
Raven Madison.....	Tribal Council Member

NATIVE VILLAGE OF EYAK

Bertrand Adams.....	Executive Director/Tribal Public Works Director
Jim Gittleson.....	Finance Director
Steve Bambakidis.....	IT Director
Kari Collins.....	Health and Wellness Director
Katie Goodale.....	Tribal Family Services Director
John Whissel.....	Environmental Director
Sarah Kathrein.....	Tribal Judicial Systems Administrator
Denna Francischetti.....	Human Resources Manager
Aniessa Hodges.....	Human Resources Assistant
Reyna Newirth.....	Executive Administrative Assistant/Office Manager
Rebecca Calfina.....	Administrative Assistant
Joe Cook.....	Maintenance
Jackie Ladd.....	Elder Services Coordinator
Cheryl Eleshansky.....	ICWA Coordinator
Jessica Weaver.....	Family Program Coordinator
Laura Blackadar.....	Staff Accountant
Celeste Gasmen.....	Accounting Technician
Sean O'Brien.....	Tribal Public Works Project Manager
Myra Eleshansky.....	Tribal Public Works Assistant
Matt Piche.....	Natural Resources Coordinator
James Paley.....	DENR Engineer
Ivy Patton.....	Environmental Coordinator
Duke Anderson.....	Heavy Equipment Technician
Andy Pfeiffer.....	IT Coordinator
Lennette Ronnegard.....	Enrollment Clerk

ILANKA COMMUNITY HEALTH CENTER

Cindy Bradford.....	Operations Manager
Kristel Rush.....	Physician/Medical Director
Florellyn Adajar.....	Certified Nursing Assistant
Audrey Cunningham.....	Medical Office Assistant/Outreach Advocate
MaryCris Cariño.....	Medical Assistant
Cindy Frohnapfel.....	Office Systems Coordinator
Altana Hamilton.....	Patient Advocate
Brian Iutzi.....	Physician
Victoria Peterson.....	Care Coordinator
Nicole Piche.....	Registered Nurse
Matthew Rush.....	Behavioral Health Coordinator
Susan Powell.....	Behavioral Health Clinician
John Yakanak.....	Behavioral Health Specialist
Berna Quemado.....	Certified Nursing Assistant/Patient Services
Karin Siebenmorgen.....	Registered Nurse
Brittany Whitley.....	Administrative Assistant

ILANKA CULTURAL CENTER

Brooke Johnson.....	Cultural Director
Teal Hansen.....	Cultural Center Coordinator

TRIBAL ENTERPRISES

Scott Aiken.....	Boat Captain/Maintenance
Bob Ladd.....	Prince William Marina Manager

THE CORDOVA TIMES

Annette Potter.....	Managing Editor
Vivian Kennedy.....	Administrative Assistant
Zachary Smith.....	Staff Reporter/Photographer



Traditional art

Carved Bowl

Artist Mike Webber's raven grease bowl, standing at 15 inches long, eight inches wide and seven inches tall, is made from yellow cedar for Larry and Brenda Fulton. "Meat or fish in the old days needed to be dried to 100% so it would not spoil. You would then dip the fish or meat into the grease bowl to moisten and flavor it," Webber said. "The wings have an ovoid that represents movement of the wings. Inside the ovoid is a profile of a human with u-shapes and split u-shapes that would represent feathers. I always incorporate humans in animal carvings or vice versa, as we use their spirit and motifs in our regalia."

PHOTO BY LOREN BANKS



The Eyak Echo is a special production of

The Cordova Times

in partnership with Native Village of Eyak

**Have a special life announcement,
project, accomplishment to share?**

EMAIL IT TO US AT share@thecordovatimes.com!

ILANKA CULTURAL CENTER



ICC

Membership dinner

The annual Ilanka Cultural Center Membership Dinner was held at the Cordova Center on Feb. 22 and featured skits of some Chugach and Eyak Legends. ICC memberships, available for purchase year round, are open to all and cost \$20. Members receive email notifications about upcoming classes and have first choice to fill the classes.





TRIBAL FAMILY SERVICES

Vigil

Candlelight vigil sheds light on Teen Dating Violence Awareness Month

BY EMILY MESNER

emesner@thecordovatimes.com

In honor of Teen Dating Violence Awareness Month, the Native Village of Eyak, in partnership with the Cordova Family Resource Center, held a candlelight vigil at Mt. Eccles Elementary School on Tuesday, Feb. 12.

NVE family program coordinator Jessica Weaver, wearing an orange “Love is respect” shirt, hosted the event where orange colored snacks and drinks lined the entryway. Orange is worn in support and is the color of the teen dating violence ribbon.

Therapists in the community attended and were available if services were needed while members of B.I.O.N.I.C., the Cordova Family Resource Center’s Believe It Or Not I Care youth prevention group and Tribal Youth Council members, acted out skits demonstrating what unhealthy relationships might look like.

“What rights were not respected in scenario one?” Weaver asked the audience whose answers were the right to say no and the right to feel safe.

After numerous scenarios were performed, the evening closed out with a candlelight vigil and a moment of silence for those effected by teen dating violence.

“Love is respect,” Weaver said to end the night.

“I wanted to focus on what is in a healthy relationship,” she said afterwards. “I want them to know what they have the right to.” Weaver hopes to hold this event next year with even more community members present.

For more information or resources, visit

loveisrespect.org and

cordovafamilyresourcecenter.org/home.html





FAMILY FUN



STEM club

Builder Buddies

Builder Buddies is a STEM club where NVE tribal children, Kindergarten-8th grade, and their male parent, caregiver, relative or role model explore science, technology, engineering and math through fun activities.

The last STEM Club was April 17 and will start back up again this fall.

INFORMATION FROM JESSICA WEAVER





YOUNG OLYMPIANS

Community & athletics

Junior Native Youth Olympics

Eleven youths from Cordova traveled to Anchorage the last weekend of February to participate in the Junior Native Youth Olympics competition.

Roughly 680 kids participated in the weekend event, held at the University of Alaska's Wells Fargo Sports Complex Feb. 22-25.

Taylor Tiedeman placed first in the arm pull, beating out at least 100 other girls who were competing, while Willow Tiedeman placed second in the same event.

Chris Sandoval Fernandez, who competed against 80 or 90 boys, placed fifth in the wrist carry with a time of 28.25 seconds.

With about 60 people in attendance, Cordova's Native Youth Olympic athletes held a demonstration for community members at Mt. Eccles Elementary School on April 2.

They also held a demonstration at the Cordova Jr./Sr. High School prior to the Senior Native Youth Olympics competition in Anchorage April 25-27.

NYO Head Official and Alaska Sports Hall of Fame 2017 inductee Nicole Johnston and Arctic Winter Games record breaker Stuart Towarak were also in attendance and helped with the demonstration.

Participants included Aaliyah Tiedeman, Alaskan High Kick; Asha Estes, Eskimo Stick Pull; Alice Graves, One-Foot High Kick; Colby Carter, Indian Stick Pull; Grayson Marek, Alaskan High Kick and One-Foot High Kick; Alex Myszka, One-Hand Reach; TJ Hatch, Knee Jump; Shaunessi Schandel, Knee Jump; Andrea Ronkarorr, Seal Hop; Braden Beckett, Scissor Broad Jump; Faith Hatch, Indian Stick Pull, Kiley Burton; Scissor Broad Jump, as well as Junior Native Youth Olympic athletes Gunnar Davis, Chris Sandoval Fernandez, Taylor Tiedeman, and Willow Tiedeman.





YOUTH ROLE MODELS



NATIVE YOUTH OLYMPICS

NYO athletes hold demonstration before Anchorage competition

BY THE CORDOVA TIMES STAFF

With about 60 people in attendance, Cordova's Native Youth Olympic athletes held a demonstration for students at Mt. Eccles Elementary School April 2.

They also held a demonstration at the Cordova Jr./Sr. High School prior to the Senior Native Youth Olympics competition in Anchorage April 25-27.

NYO Head Official and Alaska Sports Hall of Fame 2017 inductee Nicole Johnston and Arctic Winter Games record breaker Stuart Towarak were also in attendance and helped with the demonstration.

Participants included Aaliyah Tiedeman, Alaskan High Kick; Asha Estes, Eskimo Stick Pull; Alice Graves, One-Foot High Kick; Colby Carter, Indian Stick Pull; Grayson Marek, Alaskan High Kick and One-Foot High Kick; Alex Myszk, One-Hand Reach; TJ Hatch, Knee Jump; Shaunessi Schandel, Knee Jump; Andrea Ronkarorr, Seal Hop; Braden Beckett, Scissor Broad Jump; Faith Hatch, Indian Stick Pull; Kiley Burton; Scissor Broad Jump, as well as Junior Native Youth Olympic athletes Gunnar Davis, Chris Sandoval Fernandez, Taylor Tiedeman, and Willow Tiedeman.





Community Service

Cemetery cleanup day is a volunteer effort

About 30 volunteers turned out for the 8th annual Bill Hansen Jr. Pioneer Cemetery Cleanup on Friday, June 14. The Eyak Corporation, Native Village of Eyak and other community volunteers partnered to help beautify the cemetery across from Nirvana Park on Eyak Lake.

"The cleanup went great," said Brennan Cain, vice president and general counsel for The Eyak Corporation. "It was an especially hardworking bunch."

Cain said the Cordova Native Youth Olympics team stood out as hardworking volunteers.

"We scraped and painted crosses, bagged and hauled away brush and debris, raked, scraped moss off tombstones and spread gravel," he said.

A barbecue following the cleanup, was sponsored by Wells Fargo, which sent Jon Cannon, vice president and relationship manager for the bank in Anchorage, for the event. Kate Wolgemuth and Margaret Sharp from Sen. Dan Sullivan's office also visited Cordova to volunteer.

"Angela Butler did a great job organizing the event," Cain said.





Salmon season

First Fish

Native Village of Eyak gathered together to celebrate the first fish tradition May 6 at the Masonic Lodge.





ICC BOAT BUILDING CLASS



Taylor Kimbo steadies the qayaaq as Kelly Weaving prepares to launch.

POTLACH And LAUNCH

New boats revive tribal traditions

NVE's *palaag* and *qayaaq* project reaches fruition after six years of planning

STORY AND PHOTOS BY BREE MILLS

For The Cordova Times

Thursday, June 13 was an exciting evening at Skater's Cabin, the atmosphere brimming with pride, laughter and incredible food. Bob and Jackie Ladd fired up the grill just as the rain let up, while a campfire smoked down the hill.

A *palaag* (canoe), made by Aaraon Bowman and Tina Fox and a *qayaaq* (kayak), made by Delores Taylor were staged next to the lake, ready for their first launch on the water. The craftsmanship was something to behold. The kids zipped up their life vests and loaded into the *palaag* as Native Village of Eyak Cultural Center director Brooke Johnson handed out paddles, and the boats were sent out into the



Brooke Johnson speaks about the project while Leona Olsen prepares to bless the boats.

lake for the first time.

The idea for the traditional boat building class — taught by Mitch Poling — started at Nuuciq Spirit Camp in 2013. During the camp, Poling exhibited a 30-foot *palaag* he had built. During the demonstration, Johnson watched one of NVE's tribal elders walk from the bow to the stern with the boat barely even shifting.



Johnson knew then that she wanted Cordova's kids to have something like that too. That's when the real work started. At length it took six years to figure out the materials, the cost, the logistics, and to apply for a National Parks Service Heritage Grant that funded the project. Having taught a similar class to a group of high school students, Poling knew that the course could be completed in a semester, so Johnson aimed for a similar timeline. Poling flew in to Cordova about once a month to teach the course.



In addition to the *palaag* and *gayaaq*, Bowman and Fox are building *qayaaqs* which they hope to complete in the next few months.

"Time was the most difficult part," Johnson said. "As students, we all had different busy and slow schedules, and sometimes we would be able to clear our schedule and spend time the weeks that Mitch was in town to learn, and sometimes people are out of town. It's hard to work with so many schedules."

See Page 12, **LAUNCH**



A palaag (canoe) made by Tina Fox and Aaron Bowman sits on display ready to be launched for the first time.



Raegan Ladd enjoys the buoy swing at Skater's Cabin before the boat launch.



ICC BOAT BUILDING CLASS



A group of kids, accompanied by Nick Tiedeman, launch the boat for the first time.

LAUNCH

From Page 11

Aaron Bowman, Tina Fox, Clifford Nichols, Nick Tiedeman, Donald Ladd, Delores Taylor, Paul Trumblee, Shyla Olsen, Donnita Shaw, Matt Piche and Brooke Johnson were among those who took the class.

It took a bit longer than anticipated, some completing their *qayaaqs* just hours before the launch and not having them quite dry enough to hit the water.

NVE Tribal Council Chairman Darrel Olsen noted the importance of such workshops for tribal culture and heritage.

"It brings back our history and traditional knowledge and demonstrates how the people used their resources," he said.



Leona Olsen prays the blessing over the boats.

"For many years these traditional skills were not allowed to be taught in Cordova, so we have gaps with generations of people who were not allowed to learn these different cultural skills," Johnson said. "It's import-

ant to the Native Village of Eyak to continue to show and teach our tribal members these traditional cultural skills and that it's something to be proud of."

Johnson's hopes for this project reach further than the builders of each boat.

She wants Cordova to see these boats on the water and to feel a little more connected to the culture that's such a big part of the history of this area.

"These boats have taken five months to complete and I hope that in the next three months we will see an additional 10 completed *qayaaqs* on the water," Johnson said.

With a successful boat building class complete, Johnson is already working on more workshops to offer, like paddle carving classes, orthodox crosses and a bentwood visor class.



Kelly Weaverling admiring the craftsmanship of Nichols' qayaaq.



Loki Johnson, Lucas Hoock, and Brodie Donaldson climb out of the boat.



Kiley Burton entertains Katella and Gravina Hansen as the boat returns to shore.



Katella Hansen plays peek-a-boo.



Laura Bowman returns all smiles after a turn in the qayaaq.



Clifford Nichols shows off his qayaaq.



Sawyer Ladd and Donald Ladd enjoy a laugh as they munch on hot dogs.



TRADITION KEEPER

REMEMBERED

Mitchell Adelbert Poling

July 9, 1941–July 6, 2019

Mitch Poling died peacefully in his sleep of metastatic cancer on Saturday, July 6, 2019 at his home in Port Townsend, Washington. He was lovingly attended by his wife Sandra Smith-Poling, his daughter Victoria Poling, and his son Andrew Poling.

Mitch was a kind, generous, and gentle soul with a willing spirit and inquiring mind who was faithfully devoted to his family, his community and to his craft. He was known as a builder, teacher and writer with a passion for Alutiiq (Suqpiak Aleut) baidarkas and ang-yaks (traditional Alaska Native kayaks and canoes). His thoughtful and insightful presence as a community leader and volunteer will be missed in many local organizations.

Most recently, Mitch volunteered as a boat builder and teacher at Nuuciq Spirit Camp with the Chugach Heritage Foundation. In Port Townsend, he was active in the artist co-op Gallery 9; the Point Wilson Sail and Power Squadron; Quimper Unitarian Universalist Fellowship; and the Affordable Housing Action Group. He dedicated many volunteer hours to the Port Townsend High School boat building program.

Mitch was born in Ketchikan, to John M. Poling and C. Lucy Poling, school teachers who were stationed throughout Alaska. He grew up in the native village of Chenega, where he first paddled baidarkas at age 5 and was baptized by the Russian Orthodox lay priest, Steve Vlasoff. The family later lived in Metlakatla, Quinhagak, Juneau, Nenana, Fairbanks and Nome.

Mitch studied chemistry at the University of Alaska Fairbanks and earned his bachelor's degree at Stanford University in 1964. He served two years in the Peace Corps as a school teacher in Ogwashi-Ukwu, Nigeria from 1965–1967. Torn between pursuing a graduate degree in education or chemistry, he entered a PhD program in organic chem-

istry at the University of Washington in Seattle in 1972.

His decision was a good one. Mitch was fond of telling the story of how he met his wife and soulmate Sandra Smith, of Burbank, California. He showed her his research, and she showed him where he was missing information. She was both brilliant and beautiful — it was love at the first meeting of minds! She helped him finish his PhD, and he supported her in going to medical school at UC Davis.

When their children Victoria and Andrew were young, Mitch and Sandra shared child-raising and worked part-time. Mitch taught community college chemistry classes throughout the Seattle area and published a popular book on remote-controlled Electric-Powered Model Aircraft. In 1989, Sandra's career as a physician with the U.S. Air

Force led the family to Germany. During this time Mitch embraced new roles as a military spouse and stay-at-home Dad. He greatly enjoyed the benefits: travelling throughout Europe, sight-seeing and taking photos for Sandra's watercolor art.

Having sailed to Port Townsend during graduate school, Mitch and Sandra dreamed of living there after their active military duty. They built a home and moved in 1996. Mitch began engaging in the community, tutoring at the high school, becoming a Scoutmaster with Andrew's Boy Scout troop, and supporting Victoria's violin playing.

In 2001, Mitch saw a skin-and-frame kayak at the Wooden Boat Festival and was deeply moved. He felt drawn to build one—a call that reached back to his childhood in Chenega, Alaska. While building a replica of Steve Vlasoff's baidarka, he felt his hands being guided. Mitch spent the next 18 years





Paul Trumblee, left, and qayaq instructor Mitch Poling work on building a qayaq during the second day of the Ilanka Cultural Center's boat building class.

Photo by Brooke Johnson

on native heritage preservation, travelling to museums in Canada, Europe, and Russia to record, photograph, and measure native boats taken from Alutiiq villages. From this research, he reconstructed Alutiiq forms of boatbuilding, and returned that knowledge to Alutiiq builders, including youth and adults. He completed his largest building class in Cordova, AK just weeks before he died.

He is survived by his wife Sandra Smith-Poling of Port Townsend, Washington; daughter Victoria Poling of Seattle; son Andrew Poling of Port Townsend; and brothers Don Poling of Haines, Alaska, and Jack Poling of Anderson, Indiana.

Mitch, we wish you fair winds and calm seas on the next leg of your paddle journey! Please save the date: a memorial service

and potluck celebration will be held on Oct. 5, at Quimper Unitarian Universalist Fellowship, 2333 San Juan Ave, Port Townsend, WA 98368. To contact the family, go to classpaintings.net. In lieu of flowers, please make memorial contributions to:

- Chugach Heritage Foundation, at chugachheritagefoundation.org or send checks c/o John Johnson, 3800 Centerpoint Dr., Suite 1200, Anchorage, AK 99518. Please earmark all gifts in honor of Mitch Poling—Boatbuilding.
- Port Townsend School District, 1610 Blaine St. Port Townsend, WA 98368. Please earmark all gifts in honor of Mitch Poling—Boatbuilding.

FAMILY ACTIVITIES

Return to Alaganik Potlatch

3-6 p.m. Friday

Aug. 23 at 22 Mile curved bridge

Back to School Backpack Bash

Time and Date TBA

Parent's Back to School Breakfast

Right after 1st day of school drop-off at the Masonic Lodge

contact Jess at 907-424-7738 for more info



Contact Jackie Ladd, Elder Services Coordinator at (907) 424-7738 for more info on Elder Services, activities, and events!

Prince William Marina

2.5 MILE WHITSHED RD. IN CORDOVA, AK

BOAT & LOCKER STORAGE

BOB LADD, MARINA MANAGER

907-253-4332

EMAIL: BOB.LADD@EYAK-NSN.GOV



NEW SUBSISTENCE PROGRAM

Fishing & gathering

Traditional Harvesting Subsistence Program

The Native Village of Eyak's Tribal Council has approved a budget for Active/Enrolled Tribal Members to participate in the harvest of traditional foods. Ashley Fox has been hired as our Subsistence point of contact, she attends all subsistence openers & traditional harvesting (Salmon, Halibut, Sea Gull Eggs, Herring Roe, Gumboots, Deer, Seal, Otters & Berry) trips with Tribal Members to insure all State & Federal Permits are current & to assist in the harvest of such traditional foods for the Tribe.

GO FISH

cha'ch'

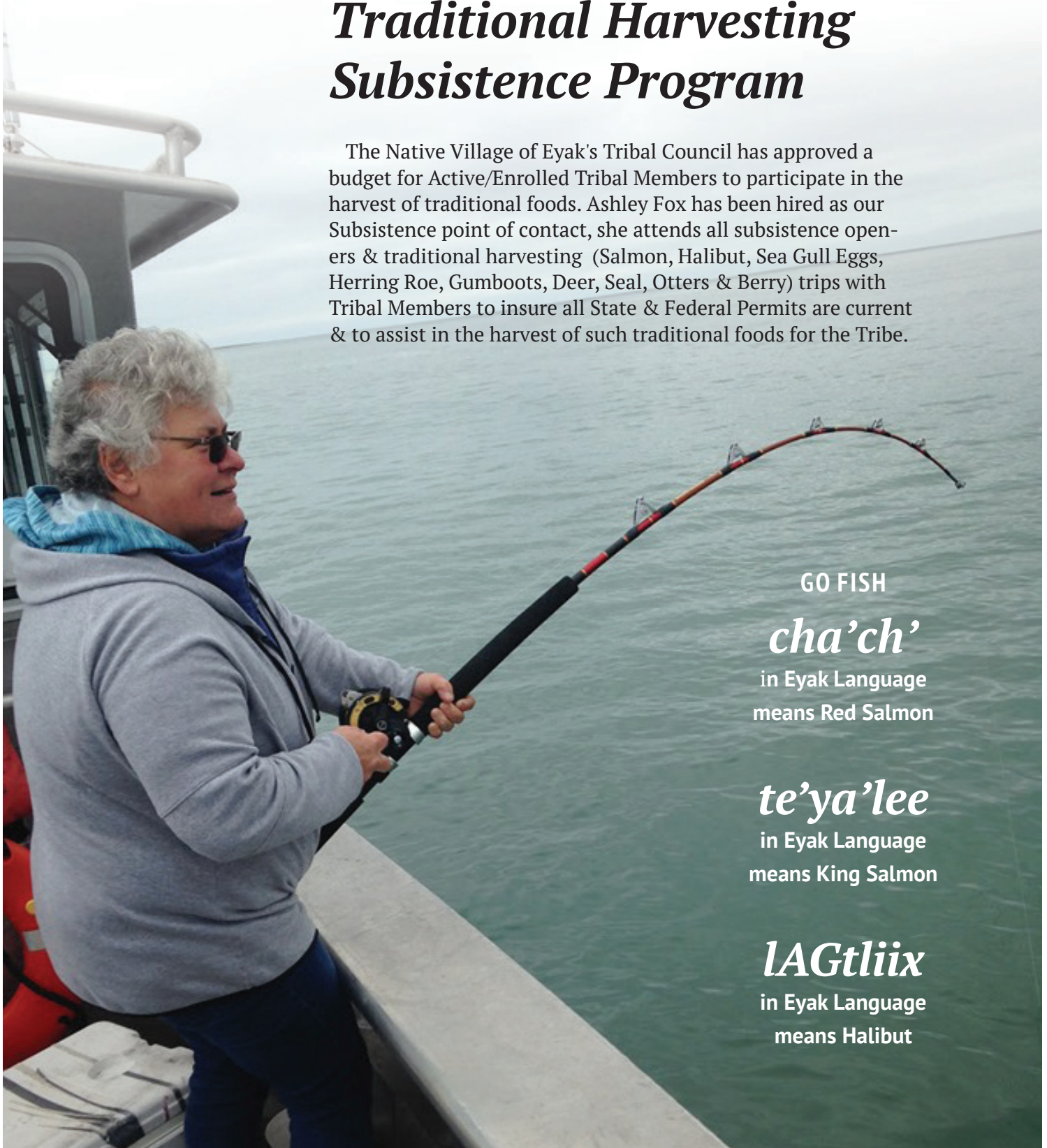
in Eyak Language
means Red Salmon

te'ya'lee

in Eyak Language
means King Salmon

lAGtliix

in Eyak Language
means Halibut





There is no monetary cost for tribal members that participate in the program. However, NVE requires all participants to donate 25 percent of their harvest back to the Tribe to share with other tribal members.

The NVE Subsistence program has successfully harvested 341 Seagull Eggs, 298 Sockeye Salmon and 2 King Salmon since May 2019.

All participants are required to have their State or Federal hunting, fishing, trapping, gathering and subsistence permits before attending any subsistence trips.

PLEASE CONTACT:

Brooke Johnson or Ashley Fox at the Ilanka Culture Center for any questions regarding future subsistence events at: 424-7903



ILANKA COMMUNITY HEALTH CENTER



Medication Assisted Treatment

Treatment options for opioid and other substance addiction are now available.

CONFIDENTIAL

(907) 424-3622

Call today and talk to one of our Behavioral Health Clinicians.

CALL **907-424-3622**
TO MAKE AN APPOINTMENT,
or stop by **705 Second St.**



**PERSONALIZED QUALITY
HEALTH CARE FOR THE
ENTIRE COMMUNITY**



TRIBAL MEMBER APPRECIATION DINNER



Celebratory feast

Sharing our appreciation

Native Village of Eyak held it's annual Tribal Member Appreciation Dinner Thursday, Feb. 21 at the Little Chapel. The event included food, games including Bingo and prizes.

Photos by Reyna Newirth





Artist Spotlight

Modern earrings, traditional textiles

Tribal Council Member Raven Madison looks to her ancestral traditions for inspiration to create modern jewelry and other handmade items with fur and beads. Find the work of hand-made local artisans including hers at Ilanka Cultural Center Gift Shop. Shoppers can now order online at ilankaculturalcenter.com.

Photos Courtesy Raven Madison

ILANKA CULTURAL CENTER



**Shop our current
selection of fine arts,
featuring works from**

local artists:

Teal Hansen
Altana Hamilton
Gloria Cunningham
Raven Madison
Marina Madison
Ivy Patton
Brittany Banks
Christine Belgarde
Angela Butler
and more...

GIFT SHOP HOURS

MON - FRI 10 a.m. – 5 p.m.

SAT 10 a.m. – 4 p.m.

SHOP ONLINE!

ILANKACULTURALCENTER.COM

**110 NICHOLLOFF WAY
CORDOVA, AK
907-424-7903**

Free Car Seat Checks!

Available by Appointment

CALL NVE at 907-424-7738

Please allow 30 minutes per check, per seat. A certified child passenger safety technician will show you how to adjust your child's seat properly, and make sure it is correct for your child's height and weight.

For more information about car seats, visit carseatak.org

FOR MORE INFO, PLEASE CONTACT Jessica Weaver at 424-7738



RECIPE

Recipe

Smoked in tradition

BY RAVEN MADISON

My name is Raven Madison, and I am a descendant of Alice Clock of Peak Island. My mother is Alicia Long, my Umma (grandmother in Supiaq/Alutiiq) Barb Jensen, and my great grandmother Dolly Scott. I tell you my matrilineal line because that is where I learned how to smoke fish. The recipe that has been handed down for generation-to-generation, from mother to daughter, is over 100 years old. I won't be sharing that with you because that is learned from doing, not telling... but I will share my smoked salmon head soup recipe.

Throughout this recipe you will see me talk about salmon, I prefer wild Copper River King Salmon but not all may be that lucky so any wild salmon will suffice.

After you have cut the fillets you are left with the head, backbone, and tail. I grew up utilizing every part of the fish. I was taught to cut the head off the salmon so that the head and backbone/tail are separated. I then brine my heads and backbones in 100% brine for approximately 8 minutes. After the brine I hang my heads up in the smoke house and keep a solid smoke on them for 24 hours (this can be more or less, it depends on how much smoke you like). After the smoking is finished I cut the backbone into smaller useable pieces (approximately 5-8 inches), and the heads in half. I cut the tail off for my dog (I will bake that in the oven for him later on). I usually smoke fish in large amounts so I will take will vacuum seal and freeze one head (two halves) together and individually vacuum pack and freeze the back bones.



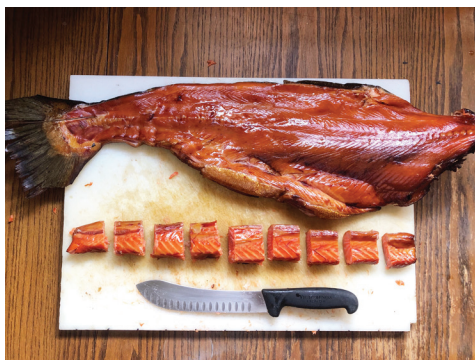
Recipe:

I boil one half of the salmon head and one piece of backbone in 4 quarts (1 gallon) of water. First I let my salmon head and backbone boil in water with salt and pepper for approx. one hour or until cooked. Once the salmon head and backbone is cooked I will take it out and pick apart the head and back meat, cheek and eyeball and set that aside.

In the pot I will then add in:

- 1 medium yellow onion chopped
- 2 heads of garlic minced
- 1 head of celery chopped
- 4 large carrots chopped
- 3 large potatoes chopped
- 1 hand of ginger grated
- 1 bunch of fresh parsley chopped
- 1 large jalapeño minced
- ¼ cup soy sauce
- 2 TBS brown sugar
- Smoked paprika to taste
- Thyme to taste
- Salt and Pepper to taste

I let that cook until the potatoes are fully cooked. Once finished I will take a jar of smoked salmon and flake it into each individual bowl and add evaporated milk.



Food Distribution Program

on Indian Reservations (FDPIR)

WHAT IS FDPIR AND HOW DO ALASKA TRIBES APPLY?

The FDPIR is a federal program that provides a month's supply of supplemental nutritious foods to income eligible Alaska Native, American Indian, and non-Indian households residing on a reservation or in a federally recognized (Alaska Native) tribal community, or in approved near-areas containing at least one tribal enrolled member of a federally recognized tribe.

Federally recognized tribes in Alaska are all eligible to administer FDPIR provided they can to follow USDA regulations to guarantee food safety, protect client privacy, and meet on-time reporting requirements.

HOUSEHOLD ELIGIBILITY

A household application for FDPIR is available in a few select Alaska tribal communities. Households can apply and be deemed income eligible on the same day they contact a tribal agency that administers the FDPIR program. To view a current list of active federally recognized tribes administering the FDPIR program in Alaska visit:

<https://www.fns.usda.gov/fdpir/fdpir-contacts>

WHAT FOODS DOES THE PROGRAM OFFER?

Each month income eligible households receive a food package to help them maintain a nutritionally balanced diet. Participants may select from over 70 products including, but not limited to:

- Fresh Produce
- Canned fruits and vegetables
- Canned meats, poultry, and fish
- Canned soups and spaghetti sauce
- Macaroni and cheese; pastas; cereals; rice; and other grains
- Cheese; egg mix; and nonfat dry and evaporated milk
- Flour; cornmeal; bakery mix; and reduced sodium crackers
- Low-fat refried beans; dried beans; and dehydrated potatoes
- Canned juices and dried fruit
- Peanuts and peanut butter
- Low fat buttery spread, butter & vegetable oil.

Find out more. Contact:

Jessica Weaver

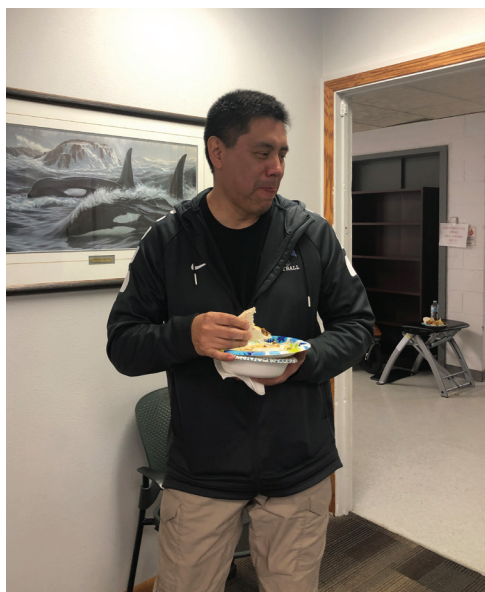
907-424-7738

E-mail: jessica.weaver@eyak-nsn.gov





TEAM BUILDING



NVE staff luncheons

New tradition brings teams together

Native Villages of Eyak kicked off a new tradition this spring — monthly staff luncheons in place of a Monday morning meeting.

Gathering around monthly themes — such as Cinco de Mayo, as featured in these pictures — staff are encouraged to bring a dish to share and one department has an opportunity to give a presentation. The gatherings bring NVE's various programs and departments together in an informal setting to chat, learn about what other departments are doing and make connections.

The Cordova Times introduced new staff reporter and photographer Zachary Smith

at the June Native Village of Eyak staff luncheon. He relocated to Cordova from Melbourne, Australia in late June and brings with him a wealth of journalism experience. Smith has a bachelor's degree in journalism and mass communication from the University of Oklahoma and a master's degree in journalism from the University of Melbourne. Smith also has served the Peace Corps the Gambia, West Africa. In May 2017, Smith directed the Gambia's first national youth chess tournament. Give Smith a wave if you see him around Cordova with his camera.



Send news tips for The Cordova Times and news for the Eyak Echo to share@thecordovetimes.com.



Alaska Press Club

The Cordova Times wins 7 awards

NVE-owned newspaper recognized at statewide journalism contest

The Cordova Times team won seven awards on April 27 at this year's Alaska Press Club banquet for work published in 2018. The Alaska Press Club is an independent professional organization that provides continuing education, recognition and information to journalists across the state.

The Cordova Times is a 105-year-old weekly newspaper covering Cordova and Prince William Sound, and is only Alaska's only Tribally-owned newspaper.

Native Village of Eyak direct mails The Cordova Times to hundreds of Native corporations and Tribal governments across Alaska.

First Place: Best Portrait

Emily Mesner
"Moose Heart"

Third Place: Best Alaska Outdoors Reporting

Emily Mesner
"First time hunter draws tag, harvests moose"

Second Place: Best Feature Photo

Emily Mesner
"Fourth of July Bubbles"

Third Place: Best Culture Reporting

Emily Mesner
"Eyak film premieres at Anchorage International Film Festival"

Third Place: Best Short Feature

Emily Mesner
"13-foot antler tree brightens Copper River Highway"

First Place: Best Magazine Design

Annette Potter
Prince William Sound Visitor Guide

Third Place: Best News Photo

Teal Barmore
"Windstorm breaks 100-foot Polar Bear loose"



EMPLOYMENT OPPORTUNITIES AT NVE

View current available positions at

WWW.NVEYAK.COM/JOBS

or call NVE's Human Resources Manager Denna Francischetti at

907-424-7738

Full job descriptions and applications are available at NVE's main office at 110 Nicholoff Way, online at www.nveyak.com/jobs/ and on Facebook at <https://www.facebook.com/NativeVillageofEyak/>



Cozy, Clean and Centrally located
Book your stay today!



Eyak Inn
EyakInn.com • 907-424-2299 • 112 Nicholoff Way, Cordova

NVE TRIBAL COURT

Available to the entire community
Everyone is welcome

Native Village of Eyak's Judicial Department offers:

- Conflict Resolution
- Family Mediation
- Restoration
- Juvenile Diversion
- Child Welfare (tribal members only)
- Intervention

For more information, please contact the Court Administrator Sarah Kathrein at

907-424-7880

500 Water Street, Cordova, AK (next to the courthouse)

sarah.kathrein@eyak-nsn.gov or courtclerk@eyak-nsn.gov



26th Annual
Sobriety Celebration
and Memorial Potlatch



THIS YEAR'S THEME:

***Alaska, The Land
of the Midnight Sun***

November 15-16, 2019

Cordova, Alaska



Native Village of Eyak

P.O. Box 1388
110 Nicholoff Way
Cordova, Alaska 99574
(907) 424-7738
www.nveyak.com

PRESORTED
STANDARD
U.S. POSTAGE
PAID
CORDOVA, AK
PERMIT NO. 26
ZIP CODE 99574

Return service requested

Recipient Address Here